

Sacred Egypt Pilgrimage

A journey of remembrance along the Nile

October 4–12, 2027 · 9 days

Five days aboard our Dahabiya, followed by an optional extension through Aswan and Cairo. Ancient temples, river landscapes, sound, ritual and heartfelt connection accompany us, with space to rest and receive along the way.

Day 1 · October 4

Welcome to the Nile - Luxor & Esna

Our journey begins in Luxor, where we are collected from our hotel in the morning and travel together to Esna.

Before boarding, we visit the Temple of Khnum, opening our pilgrimage with a first encounter with Egypt's ancient sacred architecture.

We then settle into our cabins aboard the Dahabiya and begin our journey towards Aswan. Watch the riverbanks unfold, feel the breeze and allow yourself to arrive.

In the evening, we anchor beside a quiet island, share dinner and gather for our opening circle.

Overnight aboard our Dahabiya.

Day 2 · October 5

The Temple of Horus - Edfu & Wadi Shatt

Today, we sail towards Edfu, where we visit the Temple of Horus and explore its courtyards, carvings and ancient stories.

Our journey continues to Wadi Shatt. Here, an approximately one-hour walk takes us through plantations and villages along the edge of the desert.

We rejoin our boat at Gebel el-Silsila, with time to rest and enjoy the river before dinner on deck.

Overnight aboard our Dahabiya.

Day 3 · October 6

Ancient Stone & Sacred Stories - Gebel el-Silsila & Kom Ombo

We explore Gebel el-Silsila, where sandstone cliffs and rock-cut chapels hold traces of Egypt's ancient past.

Afterwards, we continue to Kom Ombo, visiting the temple dedicated to Sobek and Haroeris, a form of Horus.

Between our visits, there is time aboard to journal, connect or simply watch the landscape pass.

In the evening, we plan to enjoy dinner on the riverbank beneath the stars, subject to local conditions.

Overnight aboard our Dahabiya.

Day 4 · October 7

The Colours of Everyday Egypt - Daraw

On our last full day of sailing, we visit Daraw and stroll through its lively village market, with colourful fruit and vegetable stands and glimpses of everyday life.

Back aboard, we enjoy a spacious afternoon on the Nile. This will be a wonderful moment to sing, share, and go into a ceremonial cacao/ blue lotus tea ceremony.

There is time for gentle integration, shared reflection and a final evening together on our boat.

Overnight aboard our Dahabiya.

Day 5 · October 8

Arriving in Aswan - Closing One Chapter

After a leisurely breakfast, we say goodbye to our captain and crew and disembark in Aswan.

For those completing the sailing journey, onward transfers take you to your hotel, the airport or the train station, according to the confirmed arrangements.

For those continuing with us, we transfer to our hotel in Aswan and check in when our rooms are available. The afternoon offers time to rest and settle in.

Our optional extended journey begins this evening.

Beyond the Nile - Extended Journey

Aswan & Cairo · 10/10 Portal · Isis Initiation · Mary Magdalene & Yeshua
Devotion

For those who feel called to stay, our pilgrimage continues through Aswan and Cairo: the island temple of Isis, the pyramids, sacred Christ sites and time together around the symbolic 10/10 portal.

This extension is entirely optional and priced separately.

Day 5 · October 8 - Evening

Sunset on the Nile

We gather for a sunset felucca sail, subject to arrival time and river conditions, allowing ourselves to experience Aswan from the water.

Afterwards, we share dinner and a gentle circle to open this next chapter of our journey.

Overnight in our hotel in Aswan.

Day 6 · October 9

The Island Temple of Isis - Philae & Onward to Cairo

After breakfast, we check out of our hotel and leave our luggage securely as arranged.

We travel to the boat landing and cross the water to Philae, where we explore the temple complex associated with Isis.

Our visit offers space to learn about the temple's history and take time for personal reflection. This encounter introduces the themes of devotion, renewal and remembrance that we will carry into our ceremony the following day.

We enjoy a relaxed lunch featuring local Nubian food. If our flight schedule allows, we also make time for a short village visit.

In the afternoon, we collect our luggage and transfer to Aswan Airport.

In the evening, we take our flight to Cairo, transfer to our hotel and check in.

Overnight in our hotel in Cairo.

Day 7 · October 10

The Pyramids & Our 10/10 Portal Isis Initiation

We begin with an early visit to the Giza Plateau, exploring the pyramids and the Sphinx viewing areas with our guide.

Take time to experience the scale of these monuments, listen to their history and notice what the encounter brings up within you.

After lunch, we return to our hotel for rest, journaling and integration.

Later, we gather in a reserved private ceremonial space for our 10/10 Portal Isis Initiation.

Through meditation, sound, prayer and embodiment, we explore the themes of inner wisdom, devotion and renewal, drawing inspiration from Isis. This is a contemporary spiritual ceremony facilitated by Leonie Lyra and Bernadette Athena.

We close with dinner together.

Overnight in our hotel in Cairo.

Day 8 · October 11

Sacred Cairo - Mary Magdalene & Yeshua Devotion

After breakfast, we explore Coptic Cairo, with proposed visits to the Hanging Church and Abu Serga, the Church of Saints Sergius and Bacchus.

According to Christian tradition, the Holy Family took refuge at the site associated with Abu Serga. We visit with respect for these living places of worship and the traditions they hold.

Alongside these visits, our personal devotional practice makes space for prayer and reflection inspired by Mary Magdalene and Yeshua, held separately from the historical interpretation of the sites.

We share lunch and enjoy a spacious afternoon for rest and integration. If time permits, there may be an optional market visit.

In the evening, we gather for our farewell meal and closing circle, sharing gratitude and reflecting on what we wish to carry home.

Those departing tonight transfer to the airport according to their arrangements. Those staying for Day 9 spend a final night in our hotel.

Overnight in our hotel in Cairo for those departing the following day.

Day 9 • October 12

Carrying the Journey Home

After breakfast, we check out of our hotel and transfer to the airport according to our confirmed flight arrangements.

We say our final goodbyes and begin our journeys home or onward.

There is no additional hosted sightseeing today, leaving space for a gentle departure after our farewell evening.

May what you have discovered here find its way into your everyday life.

Our Shared Rhythm

Throughout the pilgrimage, there will be opportunities for meditation, sound, embodiment, reflection and sharing, arranged around the travel programme and the needs of the group.

All practices are voluntary, and you are welcome to take time for yourself whenever needed.

Journey Details

Core Dahabiya journey: October 4–8, 2027 · 5 days / 4 nights

Optional extension: October 8 evening–October 12, 2027

Hosted farewell: October 11 evening

Full nine-day version: October 4–12, 2027 · 8 nights

October 12 is the proposed departure day added to create this nine-day version. Guests may instead depart after the farewell on October 11.

Hotels, flights and extension costs will be confirmed separately. The final offer will clearly state which accommodation, meals, transfers, excursions and activities are included.

The itinerary remains provisional and may be adjusted according to sailing conditions, flight schedules, site access and local arrangements. Private access to monuments, entry inside pyramids and ceremonies within archaeological or religious sites are not included unless expressly confirmed.

With endless love, excitement & gratitude,

Leonie Lyra & Bernadette Athena